

One Day at a Time

Make Your Own Sunflower Desk Buddy
Craft Activity



**One Day at a Time: A reassuring
story about separation and divorce**
by Rachel Ip, illustrated by Natelle Quek

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Make Your Own Sunflower Desk Buddy Craft Activity

You will need:

Template pages
printed out
(preferably on
thicker cardstock
for a sturdier
sunflower desk buddy)

popsicle stick or
bamboo skewer

scrunched up paper
(brown paper, or
even old letters or
old printer paper)

scissors
(or craft scalpel)



colouring markers
(or pens, or pencils,
or even paints
of your choice)

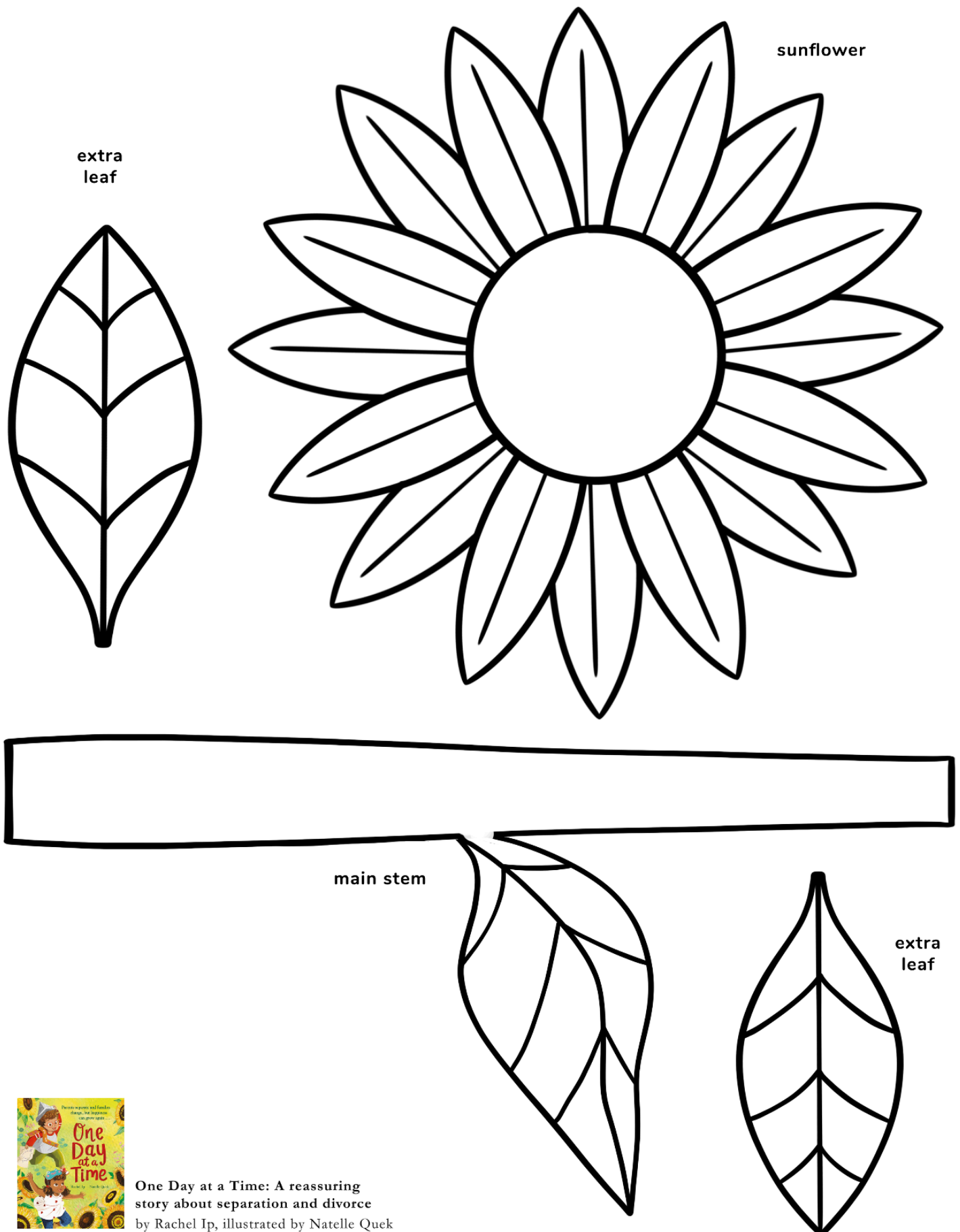
glue stick
(or tape)



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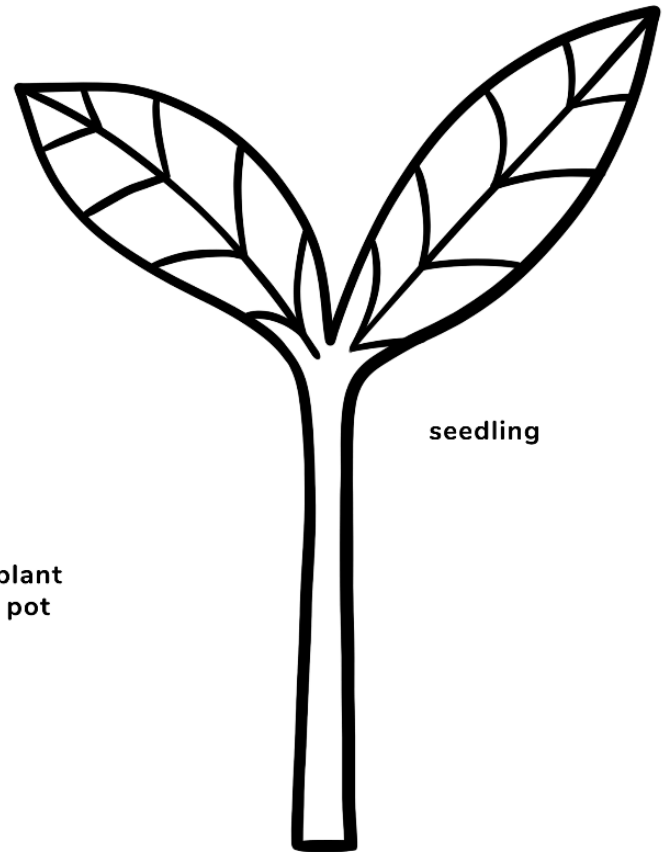
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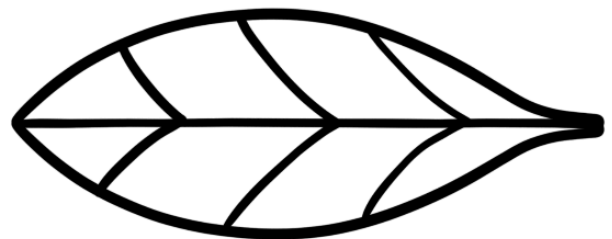
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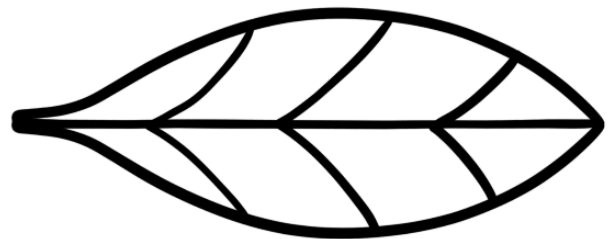
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plant
pot



extra
leaves



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Step 1: Print out the template pages and colour in sunflower, leaves, seedling, and pot plant.*



Step 2: Cut out all your shapes!



Step 3: Optional step - score along the dotted line of the pot template and slot in the handle.**



Step 4: Using glue or tape, assemble the sunflower. Fix the sunflower on to the main stem, and stick the extra leaves behind the sunflower.



Step 5: Glue or tape a popsicle stick or bamboo skewer to hold the sunflower and stem. This will help keep the sunflower from flopping over!



Step 6: Fill the pot with crunched up paper.*** Then place your sunflower and seedling into the pot!

Useful Tips:

* Print the templates on to thicker cardstock for a sturdier sunflower desk buddy. We recommend 250-300gsm card paper!

** If you don't wish to score the dotted line, feel free to skip this step and just use glue or tape to hold the pot together.

*** Use brown packing paper, tissue paper, or even old letters or printer paper to help hold up the sunflower and seedling in its pot.



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