

One Day at a Time

Make Your Own Sunflower Desk Buddy
Craft Activity



**One Day at a Time: A reassuring
story about separation and divorce**
by Rachel Ip, illustrated by Natelle Quek

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Make Your Own Sunflower Desk Buddy Craft Activity

You will need:

Template pages
printed out
(preferably on
thicker cardstock
for a sturdier
sunflower desk buddy)

popsicle stick or
bamboo skewer

scrunched up paper
(brown paper, or
even old letters or
old printer paper)

scissors
(or craft scalpel)



colouring markers
(or pens, or pencils,
or even paints
of your choice)

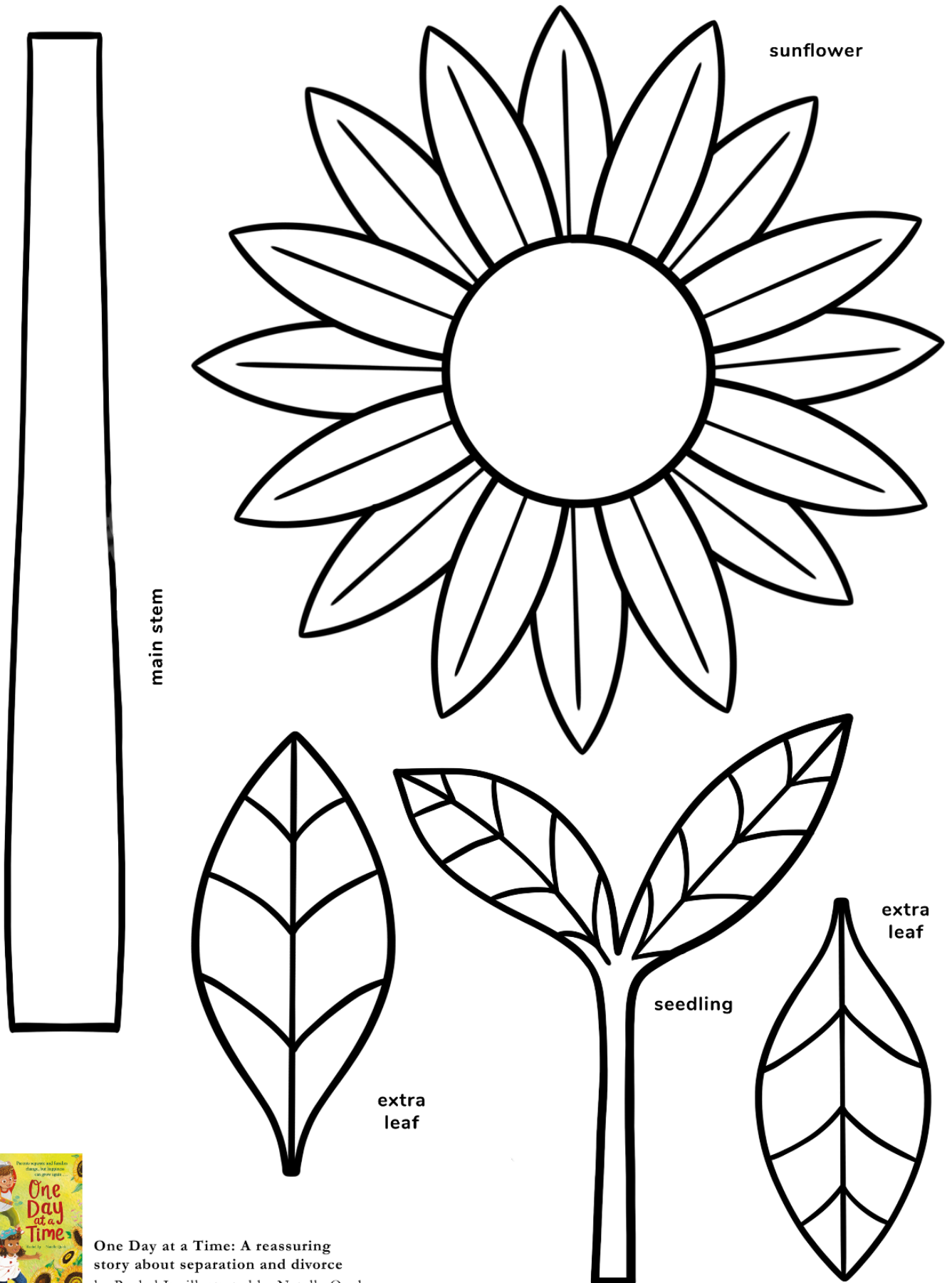
glue stick
(or tape)



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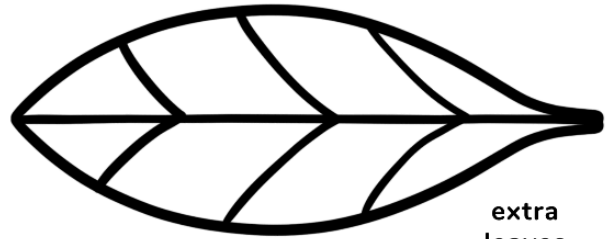
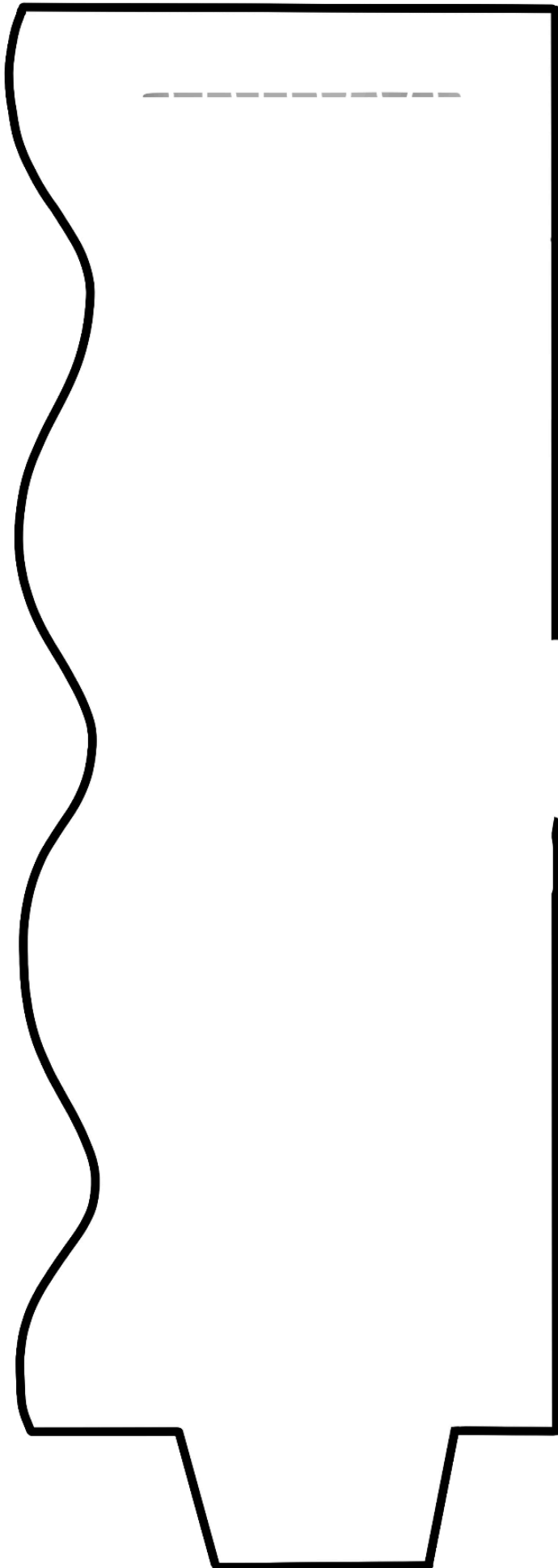
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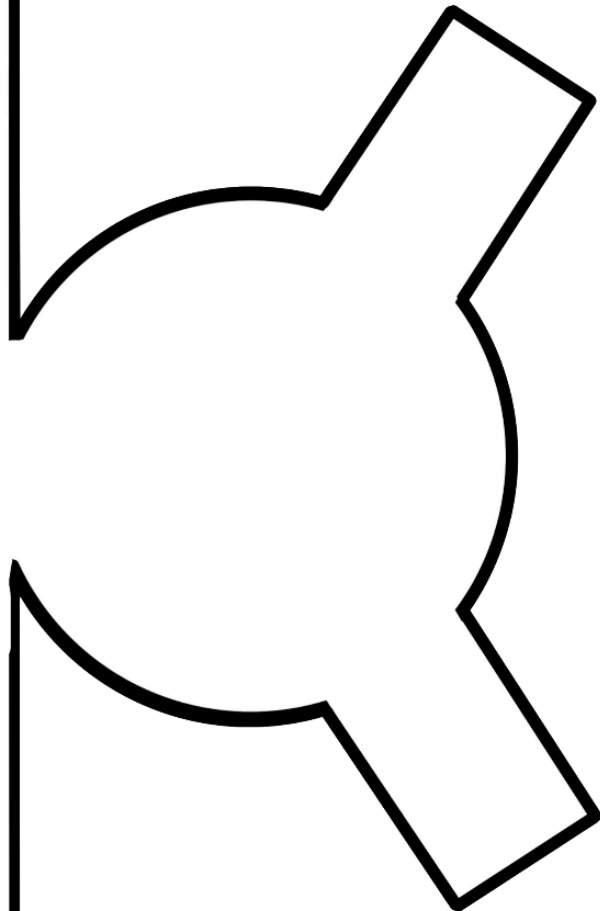
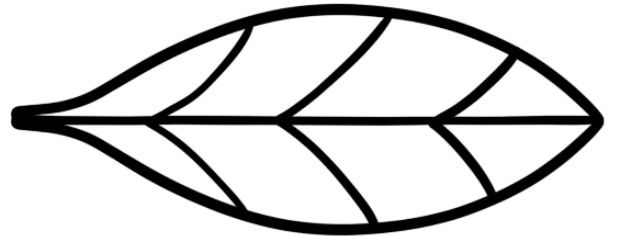


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plant pot



extra
leaves



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Step 1: Print out the template pages and colour in sunflower, leaves, seedling, and pot plant.*



Step 2: Cut out all your shapes!



Step 3: Score along the dotted line, fold up the bottom of the pot and use tape to secure the tabs to the inside of the pot.**



Step 4: Using tape, secure a popsicle or bamboo stick to the back of the main stem and sunflower head.



Step 5: Using a glue stick, fix the remaining leaves to the stem as well as to the back of the sunflower head.



Step 6: Fill the pot with crunched up paper.*** Then place your sunflower and seedling into the pot!

Useful Tips:

* Print the templates on to thicker cardstock for a sturdier sunflower desk buddy. We recommend 250-300gsm card paper!

** If you don't wish to score the dotted line, feel free to skip this step and just use glue or tape to hold the pot together.

*** Use brown packing paper, tissue paper, or even old letters or printer paper to help hold up the sunflower and seedling in its pot.



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